

SEX: IF YOU'RE SCARED OF THE TRUTH, DON'T READ THIS!



Juvenile

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Book Summary:

Provides information in support of abstinence from sexual activities until married.

Summary of Concerns:

This book contains inexplicit sexual activities; reference to sexual assault, suicide, abortion, and alcohol use by minors; controversial cultural, social, and political commentary; and alternate sexualities.

2/5

Teen Guidance
BookLooks Review Rating

Page	Content
10	Some of you fell into the trap of today's foolish culture and engaged in premarital sex.
11	Today our society is unconcerned about premarital sex; its primary concern is about the number of unwed pregnancies. Our society has falsely propagated that casual sex is okay as long as protections are used.
12	The media distorts sex by portraying that as long as people are using protection and having fun, sex outside of marriage is normal and okay. Today premarital sex is also called recreational sex. ...They claim kids will be kids, and they'll have sex. ...The media also increases this pressure by its unrealistic portrayal of sex and relationships. Today's youth are seldom shown the serious and fatal consequences of the sexual liberation movement.
13	The central teaching of "safe" sex is behaviors once considered destructive and immoral should now be taught as normal and natural. They teach casual sex is fine, even beneficial for mental health, so long as proper protection is used.
15	Many men have no intention of having a serious relationship with their girlfriends. They use their girlfriends as free prostitutes. Many foolish women throw away their convictions and yield to the sexual advances of their boyfriends in hopes of satisfying their longing for love.
19	One thing Brandon does have--strong sexual urges. He knows that Ashley loves him, and he wants her to satisfy his ultimate desire--total sexual fulfillment. ...They hug and kiss, but Brandon wants to do things that Ashley vowed never to do, She pushes him off. ...If repulses her, but she finally yields to Brandon and performs oral sex in order to make him happy.
24	Is sex fun? Absolutely! Because it's so much fun, those engaging in it want more sex, and many are willing to take risks.
27	Since there's no cure for HPV, Amber may have this infection for a long time and spread it to others. Imagine the stigma when it gets around she has this disease. You can rest assured she won't be the school's most popular girl.
28	The night Clare Gibbons lost her virginity was unforgettable. Not because it was special or romantic or even exciting--but precisely because it was anything but. At the tender age of 1, she and a friend went to an older boy's house for the evening. Both girls agreed to camp in the garden overnight with the 19-year-old and his friend. ...Then the drinking began and before she knew it, Clare was lying beneath the canvas having sex with a man she barely knew.
29	Curious, she tried a can of beer. She drank some more and passed out. Her boyfriend raped her. ...Her ex-boyfriend boasted to all his friends that he had sex with her. Now instead of being respected, she became known s "easy."
30	What many youth don't realize is the person they are chatting with may be a disguised predator looking to fulfill his sexual drives--voluntarily or forcibly. There are also homosexual predators. These predators might send pictures of a handsome young boy or gorgeous girl, but it's all a farce.

33	One of the reasons sex is so dangerous is youth trained in "safe" sex often feel like supermen or superwomen resulting in an epidemic of sexually transmitted diseases where millions of new infections are occurring every year. Many youth today have no fear from sex.
34	You go to a party and some boys and girls are begin fooling around. Some of them engage in oral sex. One of the girls tells you, "Oral sex isn't sex. It's just having fun."
35	To some young people, oral sex preserves virginity--technically speaking--and allows for what is perceived as risk-free sexual intimacy.
36	School health providers expose the risks of overeating and poor nutrition, a sedentary lifestyle, lack of exercise, smoking, drugs, binge and chronic drinking, sun exposure, and wearing seat belts. But when it comes to sex, they promote the risky behavior of ABC, another name for "safe" sex, instead of promoting the only sure method for avoiding all STDs: abstinence from all sexual activity, including vaginal, oral, and anal sex. The popular ABC message is: A--Abstinence: Practice abstinence by delaying sex. B--Be Faithful: If you can't restrain yourself, be faithful to one partner or reduce your partners. C--Use Condoms: Practice correct and consistent condom use. Here's the instruction of one "safe" sex advocate: "To help prevent both pregnancy and STIs (Sexual transmitted infections), you should correctly and consistently use a birth control method like the Pill, contraceptive injection or diaphragm (for pregnancy prevention) and a condom (to prevent STIs).
37	In a nonjudgemental atmosphere they describe the many sexual methods. They stress if you happen to get pregnant, the earlier you have an abortion the better. ...Yes, abstinence is a safe method for STD prevention, but casual sex is also safe as long as proper precautions are used.
42	Here's the "safe" sex message in a nutshell. Sex is natural, but when you have sex, use protection. If you get an STD, see a doctor right away. If you get pregnant, the sooner you get an abortion the safer it is. A strong message of "safe" sex is to always use a condom when engaging in sex. Planned Parenthood, one of the leading advocates for "safe" sex, provides contraceptives and abortions for women who have undesired pregnancies. You'd think that since they're so concerned about girls becoming pregnant they would provide them with the best protection. ...Two of the worst condoms tested were from Planned Parenthood! ...It's rather strange that Planned Parenthood, an advocate of "safe sex," and claim on their website to be "America's most trusted provider of reproductive health care," provides the lowest quality condoms. The question arises: Is Planned Parenthood really interested in protecting kids?
47	Le'ts imagine a teenage girl named Emily who is deeply in love with Bob. She's been dating Bob for a while, and one day in a highly charged moment she breaks down and yields to Bob's sexual advances. The barrier is broken. Both have been taught about "safe" sex and try to use all the safe procedures they learned. They believe they can continue to safely experiment for a more satisfying sexual experience.
48	Emily visits a counselor. "You're too young and immature for a child," the counselor advises. "Two out of three teenage mothers live in poverty. Many teenage mothers drop out of school and have limited social opportunities. Your life as a mother will be

	<p>dramatically different. No longer will you be able to do the things you want. Your child will determine your limits.</p> <p>"Besides, babies are expensive. As a parent you'll spend much of your time taking care of the baby and making ends meet. You'll have a living baby with you that needs to be fed, changed, and constantly taken care of. You'll need to provide food, clothing, diapers, baby furniture, and health care. Taking care of a baby requires 24 hours a day, 7 days a week. Your life will never be the same.</p> <p>"I encourage you to have an abortion. The fetus is just a blob of tissue. If you do it now, no one will ever know you're pregnant. Abortions aren't dangerous; they'll use gentle suction to end your pregnancy."</p>
49	<p>Bob has a simple solution, "Emily, you MUST get an abortion!"</p> <p>..."It's not a baby, it's a fetus!" Bob says, trying to convince her to have an abortion. "The fetus becomes a human only after it's born."</p>
51	<p>"She's also one of those religious freaks." Then Bob says very firmly, "Emily, you have my word. I'll marry you only if you get an abortion. Do you understand? I refuse to marry you if you defy me by having the baby. That's final!"</p>
54	<p>Kelly went to Planned Parenthood. The counselor assured her both surgical and medical abortions were many times safer than giving birth and psychological problems were rare. Kelly had the abortion and felt relieved after it was over. But now she feels sad, guilty, and alone.</p>
56	<p>The stresses of associated with abortion are dismissed by Ms. Magazine as a "bogus affliction invented by the religious right."</p> <p>...Her answer: "Because it's not politically correct. Campus counseling doesn't want to take the risk of suggesting that abortion can be traumatic--that's a word reserved for victims of rape, abuse, harassment, or natural disasters. So while everyone is bewildered at the mental health crisis on our campuses, not one voice suggests that perhaps the aftermath of abortion contributes to the staggering statistics."</p> <p>...Because if abortion advocates admit abortion can be traumatic, they would be contradicting their assertion that abortion-related psychological problems are rare.</p>
57	<p>There are men who would rather cohabit with a woman and get free sex than get married. It's cheaper and safer than going to a prostitute. If he gets her pregnant, he'll insist on an abortion.</p>
58	<p>Meanwhile, their live-ins can pick up their socks and provide sex-on-demand.</p>
59	<p>"Safe" sex advocates limiting your partners, preferably to one who is having sex with only you. So what do men do? They find a temporary girlfriend to fulfill their sexual desires while they continue searching for "Miss Right."</p> <p>...These men will insist their girlfriends take preventative measure like taking birth control pills so they can experience maximum sexual pleasure without the hazard of pregnancy.</p>
60	<p>"Safe" sex is taught in many schools across our nation. One of their popular messages for boys and girls is to "Be Faithful"--limit your sexual activity to only one partner who is having sex only with you. So what are many youth doing? They're cohabiting. Some do it to get free sex; others think by living together they can test whether they are right for each other.</p>
61	<p>Some argue that pornography doesn't influence people. Then why is sex used so much by the advertising industry?</p> <p>...One day I was hanging out with a friend when I was 12. My friend showed me some</p>

	<p>pictures. I looked up websites and things would pop up and lead to other sites. It led me to having sexual intercourse at age 13, trying to do what I saw on the internet.</p> <p>...I downloaded pornographic pictures and then I started putting into practice some of the weird things I saw.</p>
62	Pornography portrays women as hungry sex machines willing to accommodate men's sexual fantasies.
64	Avoid sexually active friends. The internet makes it extremely easy to get access to porn.
65	When compared to teens who are not sexually active, teenage boys and girls who are sexually active are significantly more likely to attempt suicide.
68	<p>As I walked the streets of the border town of Tijuana, some taxicab drivers asked me, "Do you want a clean girl?"</p> <p>Was I foolish enough to believe these drivers could provide a "clean girl"?</p> <p>...Some street girls are just painted sewers.</p> <p>...Some of those loose girls are not walking the streets, but walking in school halls. They think having premarital sex will bring them ultimate feelings of love and fulfillment.</p>
69	<p>Loose girls may feel they're cool and popular, but many boys will look at them as promiscuous, slutty, and easy.</p> <p>...These so called "sexually liberated women" are unashamed of their sexual exploits and freely discuss them. They ridicule virgins and consider themselves hip and cool.</p>
71	Now, with educators teaching boys and girls that it's okay to engage in casual sex so long as proper precautions are employed, we have a rampant increase in sexually transmitted diseases.
72	<p>The claim that young people are undisciplined and will engage in sex. They promote recreational sex, and wonder why millions of young people are infected every year with STDs.</p> <p>...To prevent pregnancies sex educators do describe abstinence, the 100% effective method; but then they provide detailed descriptions about the pill, ring, shot, and patch to prevent ovulation; rhythm method which stresses abstinence during fertile days; spermicides to kill the sperm in the form of foam, jelly, suppository, or cream; barrier devices to stop the sperm such as diaphragm, sponge, cervical cap, and female and male condoms.</p> <p>Now children are educated about sex. So what do many do? They use their new education to engage in various "safe" sexual activities.</p>
84	Sometime between the founding of a student-run porn magazine and the day the campus health center advertised "Free Lube," Harvard University seniors Sarah Kinsella and Justin Murray decided to fight back against what they see as too much mindless sex at the Ivy League school.
87	So, you can imagine her reaction when, after overcoming bullying in the ninth grade, being accepted into Harvard Law School, and finally having the chance to share her message with the nation's youth, she was "bullied" into not discussing sexual abstinence during her reign?
90	<p>Religion, which is a strong advocate for sexual abstinence until marriage, is ridiculed. In this new culture of "anything goes" mentality, many young people lose their faith and throw off their moral restraints.</p> <p>...In today's educational culture of tolerance, there's one area where it's culturally permissible to be intolerant--toward those expressing religious beliefs, especially</p>

	Christian beliefs. A popular hypocritical method of rejecting arguments is to label the opponents' view as coming from the religious right. Opponents using these unreasonable tactics need to be exposed that they are the ones who are intolerant.
93	8. If you associate with sexually active people, you'll be pressured to do the same.